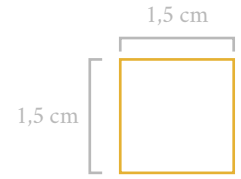


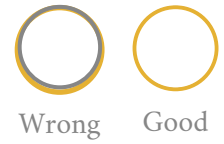
Instructions:

1. **Print this guide on an A4 size sheet.** Make sure not to adjust the size, because it would deform the measures.
2. Once printed, use a ruler to measure the square featured on the right. If the size of its sides is 2 x 2 cm you can continue with one of the following two methods. If the measurement does not coincide, try printing it again after checking that your printer is not changing the document size or proportions.



First Method:

Use a ring that fits you nicely. Put it on the diagram below and check that it is well positioned, as shown on the figure. If you are not sure about the size, try it again on a bigger one. Each circle shows its own diameter and the corresponding number of the ring.



UK H 14,6 mm	UK H 15 mm	UK I 15,2 mm	UK J 15,5 mm	UK K 15,9 mm	UK L 16,2 mm
UK L 16,5 mm	UK M 16,8 mm	UK N 17,0 mm	UK O 17,4 mm	UK P 17,8 mm	UK P 18,0 mm
UK Q 18,4 mm	UK R 18,7 mm	UK S 19,0 mm	UK T 19,3 mm	UK U 19,6 mm	UK U 20,0 mm
UK V 20,3 mm	UK W 20,6 mm	UK W 21,0 mm	UK X 21,3 mm	UK Z 21,6 mm	UK Z 22,0 mm
UK Z 22,3 mm	UK Z+1 22,6 mm	UK Z+2 22,9 mm			

Second Method:

Cut the printed measurer featured below by its sides. Make a small cut on the segmented line "Cut here". Adjust the meter on the finger on which you will use the ring and pull until it is well adjusted. Write down the measurement.

Keep in mind that each finger has different measures, so it is important to try it on the actual finger that will wear the ring.

